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Hello everyone! Urban farming has really taken off in Singapore the last couple of years as more people see the benefits of growing their own food. Besides being able to harvest organic crops for consumption, it is a hobby that allows one to stay mentally, physically, and socially active. While many of you might already be

familiar with community gardens, gardening is also happening in places within our town where you'd least expect it—such as by the beach and in a highrise building. These farmer-residents share with us what other good things are cultivating other than vegetables. Happy reading!

Alex Lim Zong Wei Member



Upkeeping the cleanliness of the estates has always been an uphill task. Every year, we dedicate a day to show appreciation to Town Council cleaners who work tirelessly to keep our living environment clean and pleasant. This year, the Town Council held an appreciation lunch for our unsung heroes to honour them for their hard work and dedication.

WHAT & WHERE: Cleaners' Appreciation Day at All Divisions
WHO: MPs of Pasir Ris-Punggol GRC and Punggol East SMC – Senior Minister and
Coordinating Minister for National Security Mr Teo Chee Hean; Minister, Prime
Minister's Office Mr Ng Chee Meng; Senior Minister of State, Ministry of Transport &
Ministry of Communications and Information Dr Janil Puthucheary; Deputy Speaker
of Parliament Mr Charles Chong; Senior Parliamentary Secretary for Home Affairs and
National Development Ms Sun Xueling; Mr Teo Ser Luck; Mr Zainal Sapari
WHEN: Apr-Jun 2019

















WHAT: Iftar & Hari Raya Celebrations
WHO: MPs – SM Teo Chee Hean; Ng Chee Meng;
Dr Janil Puthucheary; Mr Charles Chong;
Mr Zainal Sapari; Ms Sun Xueling
WHEN: May & June 2019

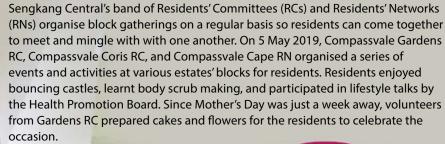
observed the festivities together.







# Time with the Neighbours







Compassvale Coris, Compassvale Gardens & Compassvale Cape Residents' Gatherings at Blk 258 Compassvale Rd, Blk 269D Compassvale Rd & Blk 293C Compassvale Crescent WHO: MP - Mr Teo Ser Luck **WHEN:** 5 May 2019













Punggol North



As part of Punggol North's community outreach during the festive period, both Punggol 21 CC Malay Activity Executive Committee and Punggol 21 CC CDWF came together to give residents a meaningful treat during the holy month of Ramadan. More than 500 residents received a special Ramadan Kit, each containing a pack of bubur (porridge) along with various household goodies during the distribution event at Punggol 21 Community Club.

**PUNGGOL NORTH** 

WHAT & WHERE: Porridge Distribution at Punggol 21 CC

**WHO:** MP – Mr Ng Chee Meng **WHEN:** 26 May 2019









A basketball court in Punggol was transformed into a mesmerising piece of art, all thanks to an undergraduate who boldly decided to give a court a makeover as part of his final year project. Working closely with Punggol Coral Tree Residents' Network, Punggol Coast Community Arts & Culture Club and Punggol Vista Community Centre, Nanyang Technological University student Toby Tan came up with a blue wave-inspired design to reflect the unique waterfront aspect of Punggol town.

His project immediately piqued the interest and curiosity of residents living nearby. Initially a one-man show, he was soon painting alongside residents who volunteered to help him with his artwork. Together, they managed to finish painting the entire court within one week. Dr Janil Puthucheary even showed up on the last day to apply the final bits of paint!

'Punggol' in Malay refers to the act of throwing sticks at fruit trees. So I used sticks to form patterns in some areas of the blues, which was inspired by how Punggol is one of the first waterfront towns in Singapore.

- Toby





Organised by the Pasir Ris East Community Emergency & Engagement (C2E) committee and Pasir Ris East Zone 8 Residents' Committee (RC), the event aimed to educate residents on how to effectively respond to fire emergencies. Besides picking up fire safety tips, they were also taught how to use a fire extinguisher during the event and put the knowledge into practice by extinguishing a small controlled fire, as part of the event's activity.

According to Mr Zainal Sapari, occurrences of fires are not all that uncommon! There have been instances of rubbish chutes on fire, as well as bedroom fires due to the overheating of electrical appliances and electronic devices. C2E will continue to work with SCDF and RCs to spread important fire safety message across to residents in Pasir Ris East.



**PASIR RIS EAST** 

**WHEN:** 5 May 2019

WHAT & WHERE: Fire Evacuation

Exercise at Blk 219 Pasir Ris St 21 **WHO:** MP – Mr Zainal Sapari







A Flower For It was just another Saturday night at White Sands – residents going about their everyday activities like having dinner and grocery shopping when somebody unexpected crossed paths with them. Dropping by the mall for a surprise visit was SM Teo Chee Hean who came by to wish residents a happy Mother's Day together with members of the Pasir Ris Elias Community Club (CC) Women's Executive Committee and Pasir Ris Elias CC Youth Executive Committee! With baskets of handcrafted gifts in hand, he visited shops and eateries to present 'sunflowers' to mothers and spent the evening engaging

with residents.

#### **PASIR RIS WEST**

WHAT & WHERE: Mother's Day Walkabout at White Sands Shopping Centre WHO: MP - SM Teo Chee Hean





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### Our Pockets of GREEN

Gardening spaces around Pasir Ris-Punggol where more than plants grow

#### PASIR RIS PARK ALLOTMENT GARDEN

Like bees to honey, Mr Lim Kok Meng and Mr Chan Siew Beng flocked to the idea of becoming allotment gardeners under the NParks scheme when it was announced early last year. While their motivations are different, what they get is identical: a personal space that allows them the gardening freedom to grow what they desire.

#### Same Same But Different

The two residents each own a 2.5 m x 1 m raised planter bed at Pasir Ris Park where there are 30 plots in total. An avid nature lover, Mr Chan has been gardening since he was a child. He grows strawberries, grapes, star fruit, and plenty others at home, but he says the plants are constrained by the size of the pots. Gardening in the natural environment however–under the sun, rain, and near the sea–allows his crops to grow bigger, faster, and sweeter.

At his allotment plot, he has flexed his green thumbs by growing edibles like old cucumber, capsicum, cauliflower, bitter gourd, and passion fruit. In fact his passion fruit plant bore so much fruit he even made jam!

However, not everyone is as seasoned as Mr Chan is. Fellow gardener Mr Lim openly shares that his only gardening experience prior to having the allotment plot was watering houseplants. Yet with much effort and dedication to this new hobby, he has managed to harvest vegetables like xiao bai chye, sweet potato leaves, and red okra. He is even attempting to grow brinjal next.

"My spouse and I are frequent park users. Other than the usual cycling or walking, we wanted something else to do when we came down," reveals Mr Lim on why he signed up. Being new to this activity, having ownership in terms of deciding what he wants to grow, along with the freedom to explore the craft at his own pace, are what appealed most to him.

#### **When Something Else Grows**

The two men have struck up a friendship since they began gardening last May. Mr Lim jokingly calls Mr Chan his 'sifu', and mentions he has learnt plenty from him and the other gardeners. There is even a Whatsapp group where they exchange everything from gardening tips to recipes. This fellowship of mutual cooperation extends to them looking out for each other's gardens. At 3pm every day, Mr Chan will be at the park watering not only his plot, but his fellow gardeners' as well.

Growing your own vegetables does require a certain level of commitment, and the process is sometimes challenging. But getting to literally see (and eat!) the fruits of their labour, the men say it gives them a great sense of achievement and satisfaction. Mr Lim, once a total beginner, now hopes to promote gardening so more people can reconnect with nature. So even if you are a greenhorn, he assures: "You learn by trial and error!"





#### **CASCADIA SKY GARDEN**

There was never meant to be a sky garden at Block 316B Punggol Way.

What was intended as a basic communal space at level nine has been transformed into a successful example of highrise urban farming, all thanks to residents Sharon and her husband Leslie who worked to bring community gardening into their neighbourhood.

Proving that when there's a will, there's a way, the pair's keen interest in sharing food-growing skills led to converting half of that space into one that is suitable for gardening with help from various governmental agencies. Whether it is providing residents of Cascadia zone a space to plant their own vegetables, allowing non-gardeners to learn about the greens, or sharing the harvest with the community, the Sky Garden has fulfilled its vision of making gardening accessible to all since it was launched in February 2018.

Over a year on, the garden has seen several bountiful rounds of harvest and more gardeners (34 in total) come on board. The area has also been reconfigured so the gardeners can have their own mini plots. According to Sharon, a good portion of Cascadia's gardeners are in their 20s-30s. "It's a polarised mix," she says. "We have experienced gardeners; we have 'techie' gardeners who are passionate about experimenting with different growing systems. We have new gardeners, we also have young families who come up to garden together."

But perhaps the true achievement of this humble garden is how it has rekindled the kampong spirit amongst the neighbours. Other than bringing the harvest to needy families in the estate, they also hold cook-outs after their monthly harvest—the most recent of which was a steamboat gathering at the RC centre. The garden is also kid-friendly and encourages their participation at monthly events (e.g. mass unearthing, mass harvesting); those as young as three can be seen helping with de-weeding, watering, and fertilising!





#### RIVERVALE SPRING COMMUNITY GARDEN

For many residents living around the area, the Rivervale Spring Community Garden at Block 135 Rivervale Street is their go-to spot for organically grown medicinal herbs. Almost 1,000 sqm in size, the largest community garden in Pasir Ris-Punggol town has close to 80 types of plants that are carefully grown and tended to by Tan Kiok Seng and his fellow volunteers. Uncle Tan's interest in herb sparked off at a young age; for decades, his grandfather used to sell them at markets and it was from him he picked up a basic understanding of their properties and applications. On his own, he used to plant herbs for friends who were suffering from illnesses like cancer, urine incontinence, and joint problems. The last four years at the garden has allowed him to increase the variety and volume of herbs grown, which he says are an alternative to pharmaceuticals. The garden is also home to various fruits and vegetables like jambu, pandan leaves and ladies fingerall of which are also crowd favourites. Supporting his love for gardening, friends will also bring him seeds from countries like Papau New Guinea, allowing him to grow a variety of plants which cannot be found in Singapore!





# Sew Far, Sew Good

At Joo Chiat Complex – one of the few shopping malls in Singapore dedicated to Malay clothing, textiles, and jewellery – it's easy to see why L.A. Fashion is a head-turner.

Its owners are Punggol residents Allan Yam and Connie Wong, whose profile as Chinese tailors selling Malay clothing has helped them stand out in a sea of retailers since they began in 2007.

Their boutique specialises in mini kurungs (ladies) and baju kurungs (men), and also offers bespoke tailoring services done by Connie herself (she was a seamstress for 12 years prior to setting up the shop). While they have won over many customers over the years, in the beginning, the husband and wife pair had to culturally acclimatise themselves to the market they were entering.





"We used colours and materials based on what Chinese people preferred or avoided," shares Allan one on of their earlier missteps. "But we realised that could not work from our perspectives. Our customers helped us a lot in that area especially with the feedback they gave."

The journey towards wanting to genuinely understand the Malay culture better has helped their shop flourish; so much as in 2015, they were voted by Singaporeans as one of HDB's Top 50 Favourite Shops, beating out over 1,000 nominees for that spot.

But perhaps why Allan and Connie have garnered such great support from the community is because they really just want the best for their customers.

"Our intention is not just to sell. Even if they're just asking for recommendations, we'll be happy to listen and share. We don't want them to feel the pressure of having to buy something when they walk in."

You might be interested to know that dusty pink, yellow, and khaki are this year's most sought after colours. On staying ahead of the game, Connie says they were amongst the first to introduce linen some nine years ago when the material was still uncommon amongst traditional Malay clothing.

Their dedication to bringing in better materials hasn't wavered. Once the busiest time of the year - the Hari Raya period - cools off, the duo is back to thinking how the following year will be different with regards to the fabric they bring in. Fabric hunting is also usually part of the itinerary whenever they go overseas. Call it an occupational hazard, but they say visiting the local textile centres in countries like Thailand, Japan, and Taiwan has rewarded them with some truly unique finds.

Allan and Connie are certain they'll be in this line for quite some time. With no intentions of expanding or switching to other kinds of clothing (the Chinese have too much variety anyway, says Allan), they say they find plenty of joy working with their Malay customers. And we're certain their customers reciprocate that sentiment.

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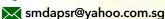




Sunflower Montessori Discovery Ark

146 Pasir Ris Road Singapore 519132









Punggol West Community Centre Women's Executive Committee (WEC) and Punggol Jewel Residents' Committee organised a special Mother's Day Celebration for families to show appreciation to the "Wonder Woman" in their lives! While their children were off doing arts and crafts under the guidance of WEC volunteers, the mummies took the time to enjoy their well-deserved break with manicures, massages and henna tattoos. After the pampering sessions, the kids returned to their mummies and surprised them with their very own self made handiworks! Everybody say awwwww!

PUNGGOL WEST WHAT & WHERE: Mother's Day Celebration at Blk 257 MPH WHO: MP – Ms Sun Xueling WHEN: 4 May 2019











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#### **Dr JULIANA BAHADIN**

Well-versed in English, Mandarin, Bahasa Indonesia and Malay, Dr Juliana is a reassuring presence for many of her patients. With over 30 years of medical experience, she is also highly acclaimed in the academic field.

#### MBBS (Singapore), M.Med (Family Medicine)

- Fellow of the College of Family Physicians (Singapore)
- Fellow of Academy of Medicine (Singapore)
- Adjunct Assistant Professor, Duke Graduate Medical School
- Adjunct Senior Lecturer, Yong Loo Lin School of Medicine
- Graduated from National University of Singapore
- Obtained a Masters in Medicine (Family Medicine)
- Completed advance specialist training in family medicine
- Completed fellowship in women's health under the Health Manpower Development Plan Scholarship at British Columbia Women's Hospital in Canada
- Accepted as a fellow by College of Family Medicine and Academy of Medicine Singapore

#### **SAUDARA CLINIC**



## A Moment in Time The Merdeka Generation's Perspective

The Merdeka Generation has seen and experienced more than you'd imagine! Being a part of many important moments in history, residents share their memories on events that have shaped Singapore and the world.

#### 1964 | Racial Riots

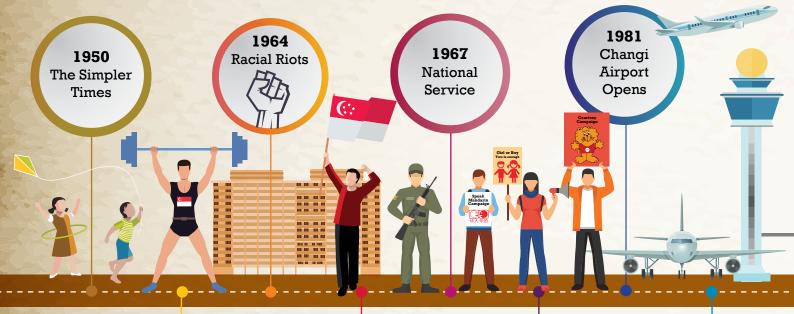
I was eight years old when the racial riots happened. I was hiding at home with my parents and sibilings, and from the window I saw a lorry had been overturned and set on fire. I also remember seeing a man trying to firebomb a roof–luckily our neighbours intervened and managed to stop him. Over the years, tolerance, respect, and a better understanding of other races and religions have allowed us to live in peace. I believe these lessons must be taught to the young so they can learn from it and not repeat the same mistakes.

Dickens Yeo, 1956

#### 1967 | National Service

I served National Service (NS) for two and a half years from January 1973 to July 1975. Before we were officially enlisted, our generation was already prepared for the defence of the nation. There was no "ah boys to men" process, we were already men who took pride in the uniform we don. There were no send-off parties like today and on the day of enlistment I walked quietly shouldering a bag from my kampung all the way to the Central Manpower Base. We felt a sense of responsibility and dedication to the nation. The best memory of NS was working together as a team. Despite language barriers, we managed to communicate well.

Lim Hock Guan, 1954



#### 1960

First Olympic
Win by
Tan Howe Liang:
Silver in
weightlifting

#### 1965

Singapore's separation from Malaysia and subsequent independence

#### 1970s

Campaigns, Campaigns, and more Campaigns!

#### 1986

Collapse of Hotel New World

#### 1960

First few blocks of HDB flats completed in October 1960

#### **№** 1986 | Collapse of Hotel New World

Even after so many years, every time I drive past Owen Road I am reminded of Hotel New World collapsing and the many lives that were lost. It was a disaster that really shook Singapore, and everybody was talking about it for a long time. However I must say that while it was an unfortunate tragedy, seeing how people came together to support the victims was heart warming and quite unforgettable.

Christine Kwa, 1956



1981 | Opening of Changi Airport சாங்கி விமான நிலையத் திறப்பு சிங்கப்பூரின் உள்கட்டமைப்பில் ஒரு முக்கிய மைல்கல்லாக அமைந்தது. நான் சாதாரண நிலை (O level) படித்த வருடம் பள்ளி சுற்றுலாவின்போது முதல் முறையாக விமான நிலையத்திற்குச் சென்றேன். என் தகப்பனார் முதல் முறை விமானம் மூலமாக இந்தியா சென்றபோது நான் இரண்டாவது தடவையாக அங்குச் சென்றேன். இதற்கு முன்பெல்லாம் அவர் கப்பல் மூலமாகவே இந்தியாவுக்குச் செல்வார். அந்தக் கப்பல் 'ரஜூலா' என அழைக்கப்பட்டது. அது கிளிஃபோர்ட் பியரிலிருந்து புறப்பட்டுச் செல்லும். சாங்கி விமான நிலையம் சிங்கப்பூரர்களுக்கு நிச்சயமாகப் புதுமையான அனுபவமாக இருந்தது. நாம் உலகின் பல பகுதிகளுக்குச் செல்லும் முறையை அது மாற்றியமைத்தது. Gana, 1954

2000 Millennium Y2k Bug

1994 | Mobile Phones

手机在我们的那个年代非常少见, 一般都是生意人在 使用。三十年前很兴奋地用了我的第一支深蓝色手机,不过 相较于现代款式当时都只含简单的键盘。虽然先进的科技技 术能带给人许多便利但也有着令人困扰如电话诈骗和骚扰电 话的不便之处。过去大家比较常用手机通话, 可是现在打字 发短信确较为普遍。以往虽然比较安全和单纯但我们还是要 跟得上时代, 所以须谨慎明智地使用手机。手机除了让我能 随时随地沟通, 也透过它能学习以及吸取新知识。

Ong Mean Kim, 1958

1987 First MRT Line opened

6 km section of the North South Line from Yio Chu Kang to Toa Payoh

1994 Mobile Phone went Digital

Introduction of Singapore's first digital cellular system, Global System for Mobile Communications (GSM).

2000 Hello Kitty Craze

2005 **Smart Phone** Revolution

Launch of first iPhone in 2007



1997 Asian Financial Crisis



2003 SARS Outbreak

2010 onwards The Convenience Era:













1991 | Rise of the Internet

Bagaimanakah kita bertahan tanpa internet? Kita telahpun melakukannya! Jika kita memerlukan maklumat, kita bertanya orang lain atau pergi ke perpustakaan. Ramai di antara kita, walaupun ghairah dengan prospek internet, juga tidak begitu yakin ia akan mengubah cara hidup kita. Nampaknya kita salah! Ia telah meletakkan dunia di tangan kita dan saya secara peribadi menganggapnya salah satu ciptaan terbesar abad ini.

Mohamad Amar, 1952

2010 | Convenience Era

As senior citizens, keeping up with the influx of technology is not always easy, but it's necessary because that's how the world functions now. My children and grandchildren are always introducing new apps to me. They were the ones who taught me how to use Facebook, YouTube, WhatsApp, Google Maps, and even Grab. These apps have changed the way we communicate, shop, and even travel, and have make life very convenient for sure, but I do wonder sometimes if we have become too reliant on them. Will we be able to function if they were suddenly taken away from us?

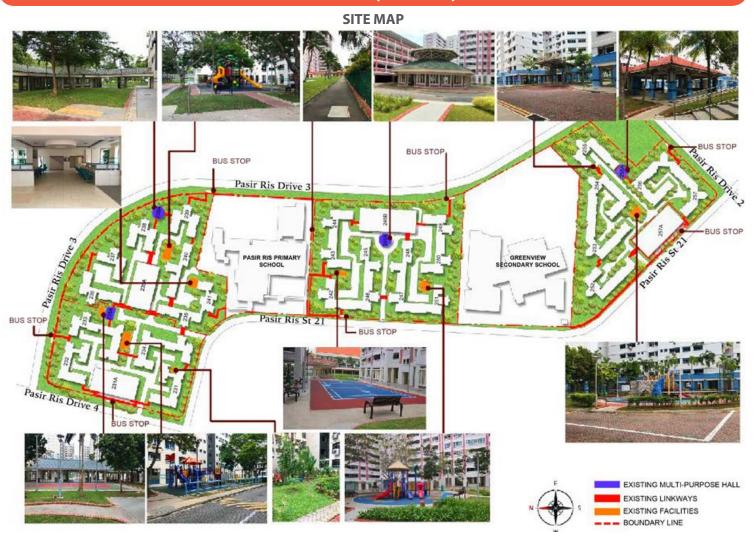
Rahimah Abdullah, 1952



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BLOCKS 231 to 257, 231A(MSCP), 235A(MSCP), 245A(MSCP) & 257A(MSCP)



#### **PROPOSED IDEA - ARTIST IMPRESSIONS**



Sports & Play at Pasir Ris Street 21 Blocks 242 - 251



Sculptural Family Axis at Pasir Ris Street 21
Blocks 252 - 257



### **PASIR RIS DRIVE 1/3/10**BLOCKS 626 to 651, 631A(MSCP), 635A(MSCP) & 649A(MSCP)



#### PROPOSED IDEA - ARTIST IMPRESSIONS



**Proposed Neighbourhood Marker**At the junction of Pasir Ris Drive 1 & Elias Road



**Proposed Linkway & High Link** From Block 647 to Block 634



**Proposed Inter-Precinct Connector**Outside Park View Primary School



**Proposed Linkway**From Block 642 to Pedestrian Overhead Bridge Staircase Landing



At Blocks 647, 648 & 651



**Proposed Incidental Green** Adjacent to Block 663



Proposed Drop-off Porch Between Blocks 635 & 636



Proposed Renewed Senior Citizens'
Corner with Void Deck Gym @ Block 628



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Full page (21cm x 29.7cm)
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½ page vertical (9.65cm x 27.8cm)
¼ page (9.65cm x 13.8cm)







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The journey into the watery world of the Mekong Delta offered me a tantalising glimpse of life amongst the emerald-hued rice fields. I stood in awe of her beauty; the sight of conical-hatted rice farmers tending their land, children riding on the backs of water buffalo or cycling to school through the numerous country lanes. The local people going about life, as if from a bygone era. These are some of rural Vietnam's most enduring images.

pillion on her scooter for the six-hour road trip to her home

province of Kien Giang.

I spent most of my time with my guide's family, learning about their way of life on the majestic delta. Here, you get to experience the heartbeat of southern Vietnam. I shared home-cooked meals and even a few glasses of rice wine with my host's family. The food was always fresh, plucked from the compound, fruit trees or fish pond. A big no-no is turning down food placed in your bowl by your host. Simple pleasures not available back home in Singapore include watching chicks hatch right before your eyes!

I spent most of my time exploring the delta by cycling and fishing among the rice paddies and fish ponds. I felt like I was drifting back in time. What made my visit to the Mekong Delta so memorable was the region's sheer diversity as well the the friendly and hospitable local people. My guide Ngoc Anh's father was a Vietnam War veteran and he fought alongside the United States(U.S.) Army during that conflict the Vietnamese call the "American War."

All too soon it was time for me to head home to Singapore. As a gesture of my appreciation to Ngoc Anh's family, I bought them a bicycle which cost 1.3 million Vietnam Dong (around S\$80). What was worth buying is the locally-produced fish sauce(nuoc mam) and the iconic conical hat (US \$1).



# **Getting Back on His Feet after Redundancy**

Mr Alan Tang struggled to find his footing when he was unemployed for over a year. Thanks to career matching services, he found his way back into the workforce.

Knowing that you are no longer needed by your company is not easy news to take in. For Mr Alan Tang, it was even harder to keep optimistic, even though he had bolstered a 28-year management career. The Pasir Ris-Punggol resident also had the perception that companies will not want to hire him because of his age.

Out of work for 15 months, Mr Tang was at loss of what to do next – until he decided to seek help from a career coach at Ingeus, a career matching provider of Workforce Singapore (WSG). Thanks to the support he received, he was able to showcase his capabilities better and think about possible career options.

"My career coach and I looked at my resume and new career

"I lost all direction," admits the 49-year-old. "I feared that my age was an issue to some potential employers and didn't know where to pitch myself, having come from a senior role in the past."

paths, as well as attended workshops to improve my employability skills," he shares. "My coach was patient and knowledgeable, and helped me identify strengths and transferable skills."

Using advice received in his job search, Mr Tang soon found employment in a new industry as a product and market development manager at StarHub. With his new role, he relishes the chance to "learn new things and meet more people".

Find out more about WSG's Career Matching Services at bit.ly/PRPTC-CMS or WhatApp 8814 8261 to make an appointment with a professional career coach today!





How long did it take Toby Tan to finish painting the entire basketball court?

What was the theme of this year's PCF Sparkletots Preschool @ Punggol East Sports Meet?

Where are Mr Chan and Mr Lim's allotment gardens located at?

SM Teo Chee Hean visited White Sands Shopping Centre to wish residents a happy Mother's Day. True or false?

Name*:			
Contact:	 	 	
Email:	 	 	
Address:			

Send your entries to:

*The Editor,* Pasir Ris–Punggol Vibes c/o Pasir Ris–Punggol Town Council Block 603 Punggol Road #01-01 Singapore 820603

**CLOSING DATE: 21 September 2019** 

\*Name must be stated as per NRIC otherwise entry will be disqualified. Contest is open to Pasir Ris-Punggol residents only.

#### WINNERS OF PASIR RIS-PUNGGOL VIBES "QUIZ ME" CONTEST (ISSUE NO. 60)

1st Prize \$70.00 CHOO KEK LENG
2nd Prize \$50.00 YAZID BIN RAIS
3rd Prize \$30.00 KUNJITHAPATHAM NADARAJAN

#### CONSOLATIONS

ROSNAH BTE MOHD \$15.00 **FLETCHER ANDRE SEBASTIAN** NORLIAH BINTE AB KADIR \$15.00 STRAVENS JACQUELIN \$15.00 \$15.00 HO TONG PO \$15.00 PHUA MEI SHIA HAIRUL FAZLI BIN ARIFFIN \$15.00 \$15.00 YU OINGLING ABDUL GAFOOR S/O CHIRAGH DIN \$15.00 **ROSDIANA BINTE OSMAN** \$15.00 LIM BANG HENG \$15.00 **CHEW MEI LING** 

Winners will be contacted by Pasir Ris-Punggol Town Council. Prizes will be mailed out to all winners.

### GLOBETROTTERS WANTED!!

Are you a travel bug who can't wait to share your travel experiences with us? Just write to us about your favourite trip in about 300 words, include four photos in jpeg, and you may just see your article published in Vibes!

Send your articles to vibes@prpg-tc.org.sg. Selected entries stand to receive a token from us!